## THE ST. THOMAS MORE KNIGHTS OF COLUMBUS

## Sunday, August 28

## **9**AM **- 1**PM Church Basement WALK-INS WELCOME!

In conjunction with the pancake breakfast!



DeGowin Blood Center



donors will receive a TUMBLER!



PLEASE NOTE: It is important to be well hydrated and it is recommended to increase the amount of salt in your diet the day prior to donating.